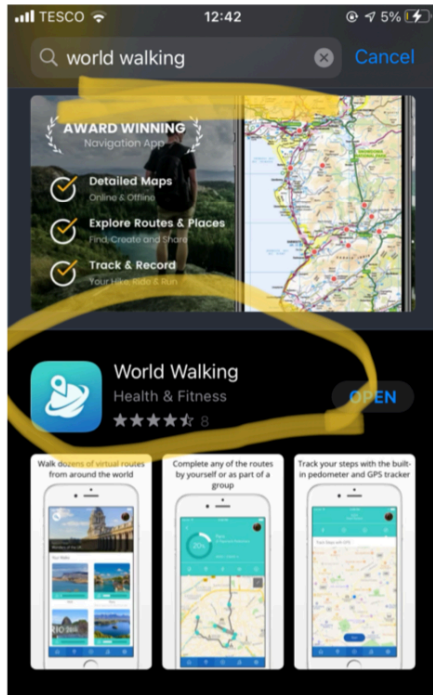


Section A JOIN THE GROUP WALK

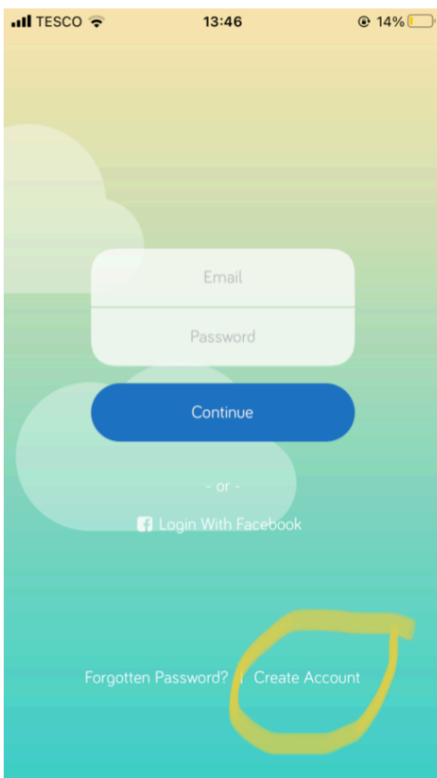
Section B RECORDING YOUR MOVEMENT

SECTION A

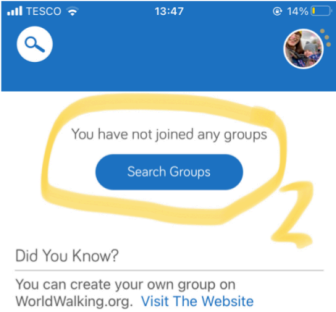
1. Download the world walking app from your device's app store.



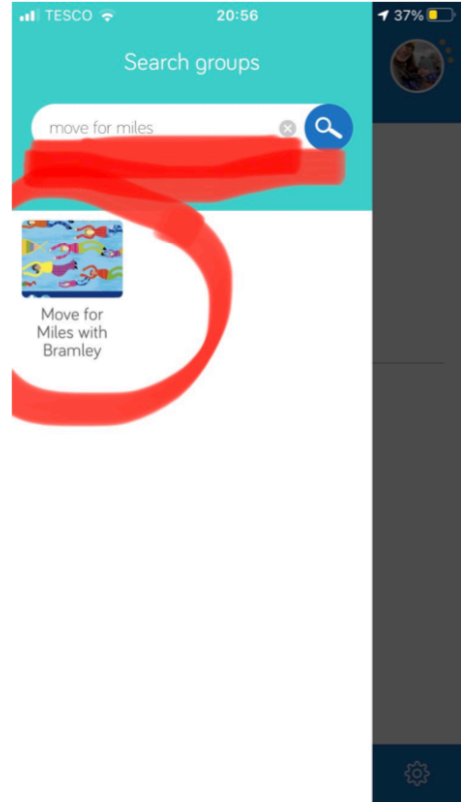
2. Create an account (it's free).



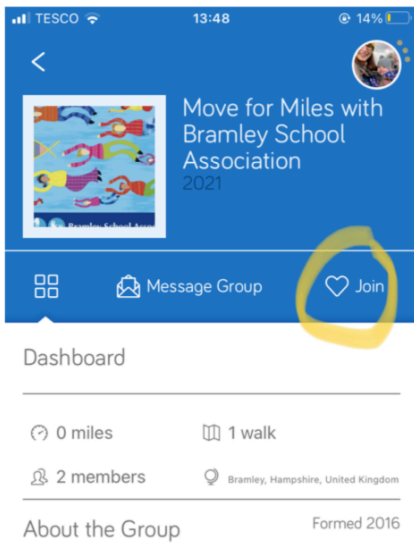
3. After logging in with your new account details, select (1) the highlighted group icon on the bottom task bar and then (2) click 'Search Groups'.



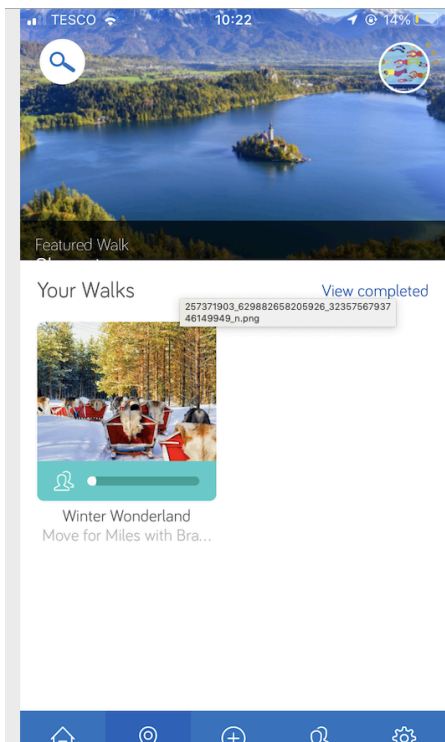
4. Type 'Move for Miles' into the search bar and click on the group when it appears.



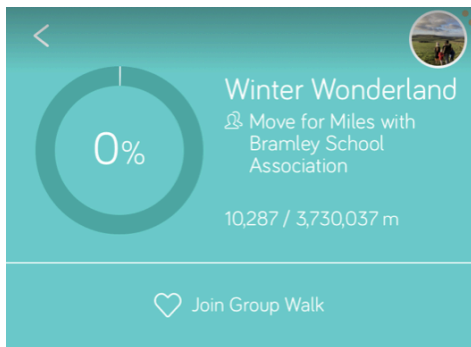
5. Click JOIN.



6. Click the highlighted (1) location icon and the group's walk will appear. (2) Select it



7. Select 'Join Group Walk'



Winter Wonderland

3,730,037 m
13 milestones
2268 people have participated in this walk

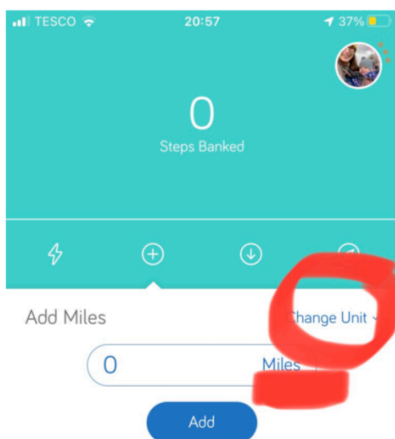
Description

Winter Wonderland: Looking for a virtual festive challenge? Hoping to burn off some calories before Christmas? Our Winter Wonderland walk to snowy Lapland might be just what you are looking for. Why not round up your family and friends and have a go? Have fun. Happy walking.

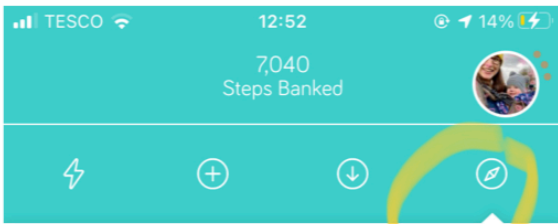


SECTION B RECORDING YOUR MOVEMENT

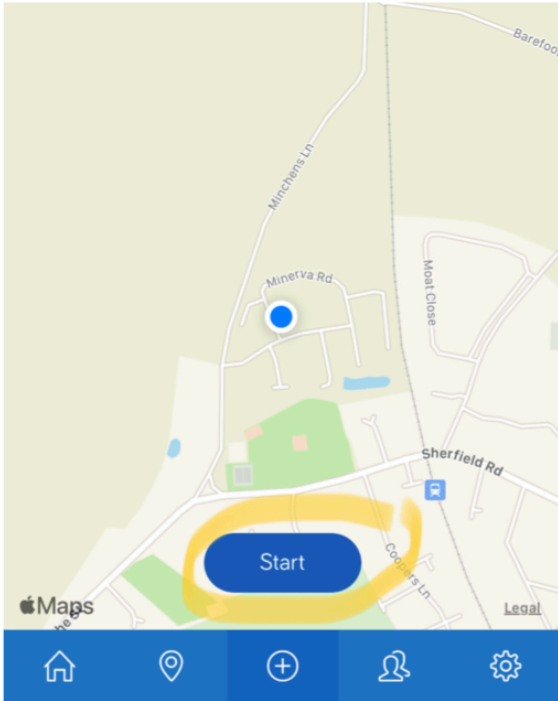
8. Add your steps / miles manually by pressing the '+' icon along the bottom bar. You can change between steps, miles and km depending on your method of movement by selecting 'Change Unit'.



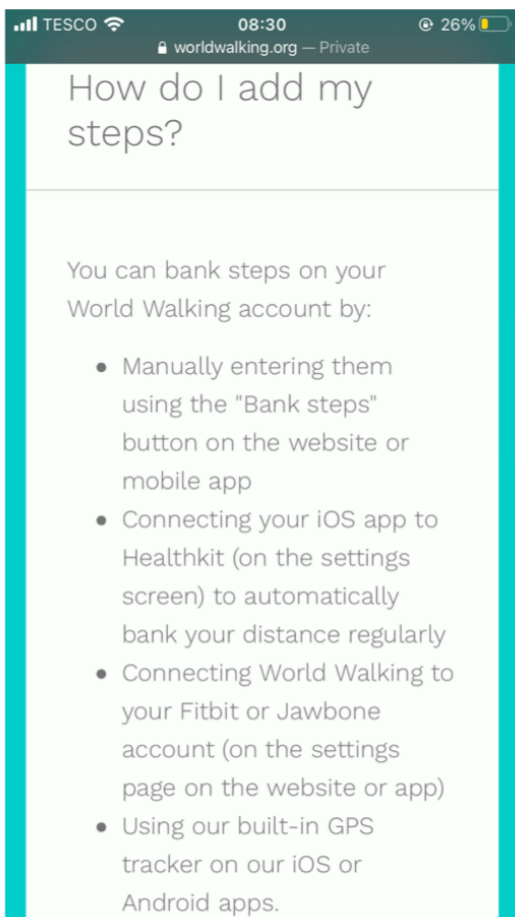
Or you can choose the GPS tracker before starting your daily exercise.



Track Steps with GPS



Or connect your app to another device such as a Fitbit.



9. Spend your recorded steps /miles on your travel to Lapland by selecting the 'download icon' and selecting 'Winter Wonderland Walk'

